

OUR LONG-TERM IMPACT: 'Best-life', for communities and individuals in Essex

OUR OUTCOMES



BELONGING

Looks to the observer like a secure base is in place.

Feels to the service user like rich connections allow for the giving and taking of positive resources.



CONTRIBUTING

Looks to the observer like education, employment and training have led to the service user using their skills and experience for their own and societal gain.

Feels to the service user that a sense of worth, self-sufficiency and engagement is positive for themselves and others.



THRIVING

Looks to the observer like the service user is on an aspirational trajectory as could be measured using outcome star.

Feels to the service user like 'things are coming together' and their growing sense of well-being is a result of their own good decisions and life choices.

OUR ACTIVITIES

Childcare



Affordable Breakfast, Holiday & After-School Clubs



Informal Education



Counselling Service



Safer Communities Initiative



Early Years Provision



Parenting Support Groups



SFRL (Solutions Focused Reflective Listening)



Educational Welfare Support

Youth



Supported Housing for up to 2 years



Housing Hotline IAG



Family support and Intervention



Open Access Youth Provision

Housing



Homelessness Intervention

OUR INPUTS



Skilled and Experienced staff and volunteers



Voice of Service Users



Evaluation and Monitoring



Psychoanalytic Approach (when needed)



Effective Partnerships



Training, Development and Supervision



Trauma Informed Care & Psychologically Informed Environment Approaches



National and International YMCA Values & Experience