

MOTIVATION MONDAY

Date: 7th December 2020

Theme of the week: Walt Disney Day

Walt Disney Day is held on the first Monday of December in remembrance and honour of Walt Disney, whose birthday is December 5. Disney created cartoon characters, pioneered animated cartoon films, founded The Walt Disney Company, and came up with and built theme parks.

Action**Exercise 1: Cardboard Castle**

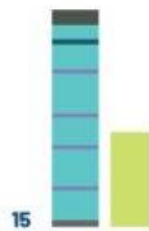
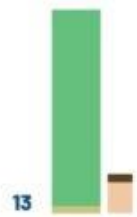
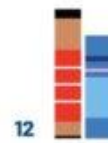
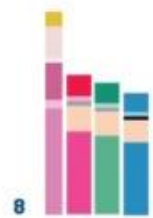
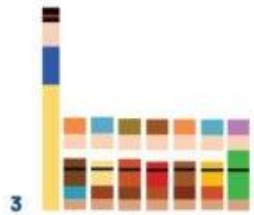
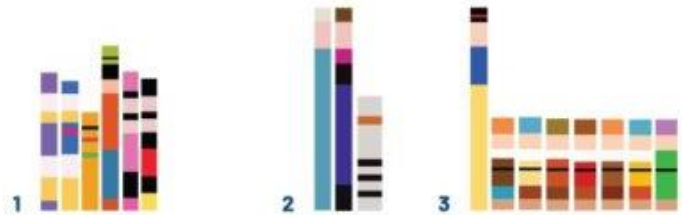
Instructions: Build a 2D or 3D cardboard version of the famous Disney Castle. If you can try painting it too and with any left-over cardboard create some of your favourite Disney Characters!



Take a picture of your final products and send it to sarah.daniels@ymcachelmsford.org.uk and we will celebrate your efforts through our website and Instagram account ALWAYS GET PERMISSION FROM YOUR PARENTS IF YOU'RE UNDER 18

Exercise 2: Block Character Disney Quiz

Instructions: Below are 18 Disney Characters in block form. Based on what you can see can you tell which characters are which? Try and do it without using the answers but if you find it too tricky or want to make it a bit easier try matching the names up to the correct blocks.



Outcome / Mission Moments:

- How has this exercise made you feel?
- Did you learn a new skill or interest?
- Maybe encourage other members of your family to get involved!

Block Quiz Answers:

1. Daisy, Donald, Pluto, Goofy, Minnie and Mickey
2. Elsa, Anna and Olaf
3. Snow White and the Seven Dwarfs
4. Ariel and Flounder
5. Buzz and Woody
6. Esmerelda and Quasimodo
7. Tigger, Winnie, Piglet and Eeyore
8. Aurora, Flora, Fauna and Merryweather
9. Peter Pan and Tinkerbell
10. The Beast and Belle
11. Aladdin, Abu and Genie
12. Lilo and Stitch
13. Arlo and Spot
14. Prince Charming and Cinderella
15. Sully and Mike
16. Lightning McQueen and Mater
17. Flynn Rider and Rapunzel
18. Joy, Disgust, Anger, Fear and Sadness